SPECIAL: YOU ARE WOMAN, WE HEAR YOU ROAR

GET A SURFER BOD WITH HELP FROM OUR WOMEN'S HEALTH SECTION. PAGES 22-24

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Yo Beyonce, give us a new album!

PAGES 12-13

Learn about food from a 10-year-old

PAGE 21

The Finger Lakes are for fun

PAGE 20

Too much baggage

No training. Wheelchair attendants at the Philadelphia Airport say they lack proper equipment and training. **Subpar conditions.** Workers say they are exposed to vomit, blood and other bodily fluids with no direction on dealing with those situations. **Next step.** Workers filed complaints with the Department of Transportation. PAGE 02

Wheelchair attendants at the Philadelphia Airport filed federal complaints claiming they aren't properly trained and are using broken equipment. / PAIGE OZAROSKI, METRO

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Airport workers claim safety violations at PHL

Hazards. 'Broken wheelchairs, bodily fluids' part of PrimeFlight Aviation workers' complaints.

Employees of Philadelphia International Airport subcontractor PrimeFlight Aviation Services yesterday announced the filing of complaints with the U.S. Department of Transportation, alleging workers lack proper equipment and training to deal with disabled passengers.

"I have to use a wheelchair with only one brake that works. In that case, I have to use my foot to lock the wheel, which is dangerous for me and the passengers," Nikisha Watson said.

An additional OSHA complaint claims attendants "are exposed on at least a monthly basis to urine, feces and/or vomit from passengers they are transporting."

"I have had passengers vomit, have been exposed to blood and other bodily fluids, and every time I had to scramble to get cleaning products," Watson said.

"We are not given cleaning products, gloves, any masks or hand sanitizer, and we're definitely not getting the training on how to deal with accidents like this so we can stay safe and make sure that our passengers are properly taken care of," Watson added.

ALEX WIGGLESWORTH
awigglesworth@metro.us

Attendants claim:

- They were never trained to properly transport passengers using wheelchairs.
- Many wheelchairs are broken or in disrepair.
- They are exposed to bodily fluids without receiving training.

Barnes Foundation ahead of the 'curve' as newest exhibit opens

Visitors to the Barnes Foundation look at Ellsworth Kelly's "Red Curve," a massive sculpture that is part of Kelly's "Sculpture on the Wall" exhibit which opened on Saturday and runs through September. / CHARLES MOSTOLLER, METRO

In the news

Give thanks for your taxi today

Today is Taxi Appreciation Day and city representatives and hospitality leaders will hold an event at the Broad Street entrance of the Pennsylvania Convention Center as part of the National Travel and Tourism Week and the U.S. Travel Rally Day. An estimated 400 to 500 cab drivers will stop by the Convention Center to grab appreciation swag bags with tickets and giveaways from the Philadelphia Convention and Visitors Bureau. Those who wish to follow tweets from the event are invited to use the hashtag #VoteTravel.

Local tweet

"Just saw a child with a Pittsburgh Penguins t-shirt and a Philadelphia Flyers hat. Your parents need to teach you to know better."
—@MichMethot

Forgotten. Maryland man left baby, 14 months, in minivan

A Montgomery Village, Md., father dropped his wife off at the shops along 69th Street in Upper Darby this weekend, parked and left his 14-month-old son sleeping in the back, said Michael Chitwood, township police superintendent.

Amir Chaudhery, 32, who was visiting family, accidentally locked his son in his Toyota minivan for more than 30 minutes as temperatures reached the low 70s.

The baby was found sweating profusely and was hot to the touch. Chaudhery was charged with endangering the welfare of a child, among other charges. TOMMY ROWAN

Trial

Jury still out in Gosnell case

Jury deliberations will continue today in the murder case of abortion Dr. Kermit Gosnell, who is charged with performing third-trimester abortions and killing an adult patient. Jurors reportedly asked for a clarification of laws concerning murder and manslaughter yesterday. METRO

Rights. Support for equality legislation hits new record

The Pennsylvania legislature's LGBT Equality Caucus will hold a news conference in Harrisburg today to announce the "largest-ever" list of sponsors for nondiscrimination legislation.

The companion bills to be introduced in the state Senate and House of Representatives would ban discrimination based on sexual orientation or gender identity or expression in employment, housing, credit and public accommodations anywhere in the state. A major corporate sponsor of the package and results of a recent poll about the laws will also be announced. METRO

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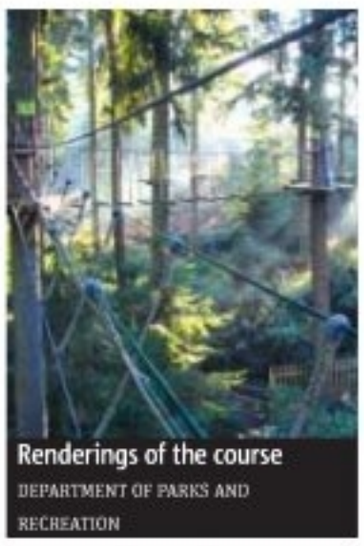
City: Adventure course, zip line at park delayed

Holding off. City officials say they are taking another look at the project in Wissahickon Valley Park.

The city has announced it will delay building the Treetop Adventure Course in Wissahickon Valley Park. The city's Parks and Recreation Department, in a statement last week, said the city will take time to re-evaluate the project.

"The volume of misinformation currently in circulation, along with the department's responsibility to safeguard valued community partners from misguided criticism, necessitates the additional review and analysis of this opportunity," according to the statement.

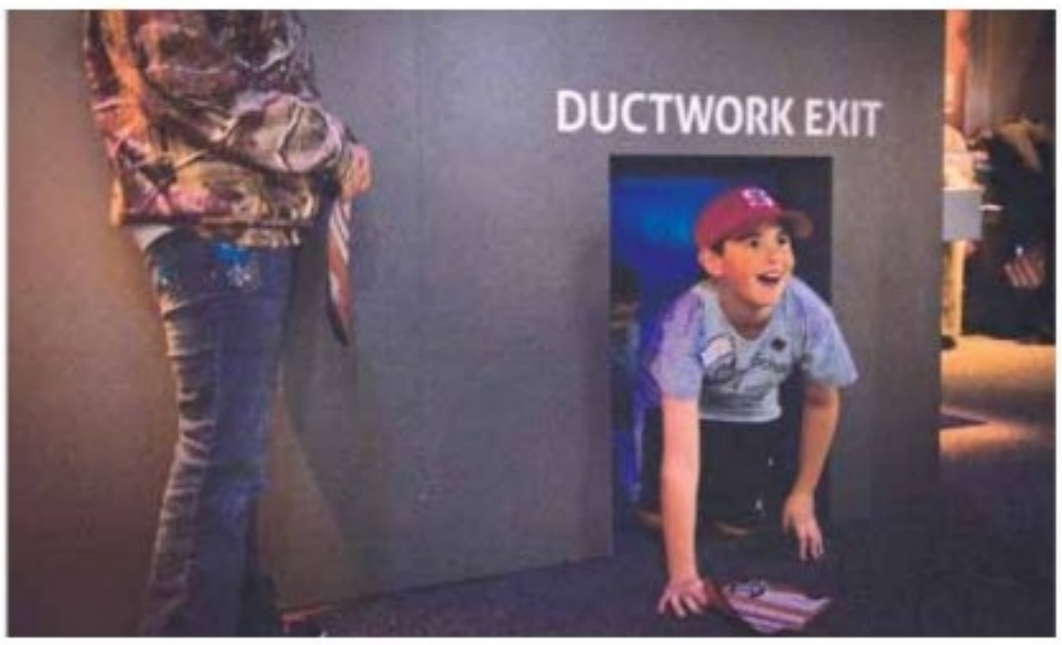

Renderings of the course
DEPARTMENT OF PARKS AND RECREATION

In late March, city officials discussed the proposal to build an outdoor adventure course, which includes a zip line, on five acres in the Roxborough park.

Friends of the Wissahickon said it decided not to support the proposed adventure course. The group initially supported the project as long as several conditions were met.

"Although PPR was responsive to most of these conditions, several of them remained unmet or only partially met," according to the statement.

TOMMY ROWAN
tommy.rowan@metro.us



Spies for a day at Franklin Institute

Students from William Prescott Elementary School in Scranton visited the SPY: The Secret World of Espionage exhibit at the Franklin Institute yesterday. The exhibit, which opened Saturday and runs through October, is interactive. / CHARLES MOSTOLLER, METRO

Change

National Constitution Center names new CEO

The National Constitution Center announced Monday the appointment of scholar Jeffrey Rosen as its new president and CEO. METRO

Kidnapping death

Body found

Montgomery County teen Kareem Ali Borowy, 19, was killed after he was abducted Sunday during a home invasion burglary, according to 6ABC Action News. Borowy's body was found in Lower Pottsgrove. METRO

Shooting

College student killed at party

Rahsan Crowder, 22, a student at Lackawanna College, was shot and killed Sunday after an argument at a party, reports say. Police said the shooting wasn't random. METRO

Food. Online grocery store expands to Philadelphia area

FreshDirect is taking the milkman approach to customer service.

"And we do deliver a lot of milk," deadpanned John Leeman, FreshDirect's chief marketing officer.

Dubbed an online retailer of fresh foods and grocery items, the online supermarket expanded to Philadelphia and its suburbs this year.

Customers can order groceries online, which are then delivered to their doorsteps within two days.

FreshDirect, which started 11 years ago and until now focused on the New York area, said the food is without preservatives and is direct from the farmer.

"It doesn't last as long, but it tastes better," Leeman said.

Food is transported from local farms to a clearing house where it is checked for quality and then shipped to the individual households.

Customers can rate the products online, and if a product arrives in inedible condition, they will receive a credit toward the next purchase.

There is a $30 minimum purchase requirement and a $7.99 delivery fee for the service.

TOMMY ROWAN

Facts

- There is a $30 minimum requirement and a $7.99 delivery fee.
- Groceries take about two days to arrive.
- New customers can purchase for one penny unlimited free deliveries for 60 days when they sign up for the DeliveryPass service.

Mayors ride the bus like everyone else

Mayor Michael Nutter rode a trolley with members of the Greater Philadelphia Tourism Marketing Corp., as he traveled to three Philadelphia neighborhoods yesterday to promote GPTMC's neighborhoods campaign. / CHARLES MOSTOLLER, METRO

Home invasion

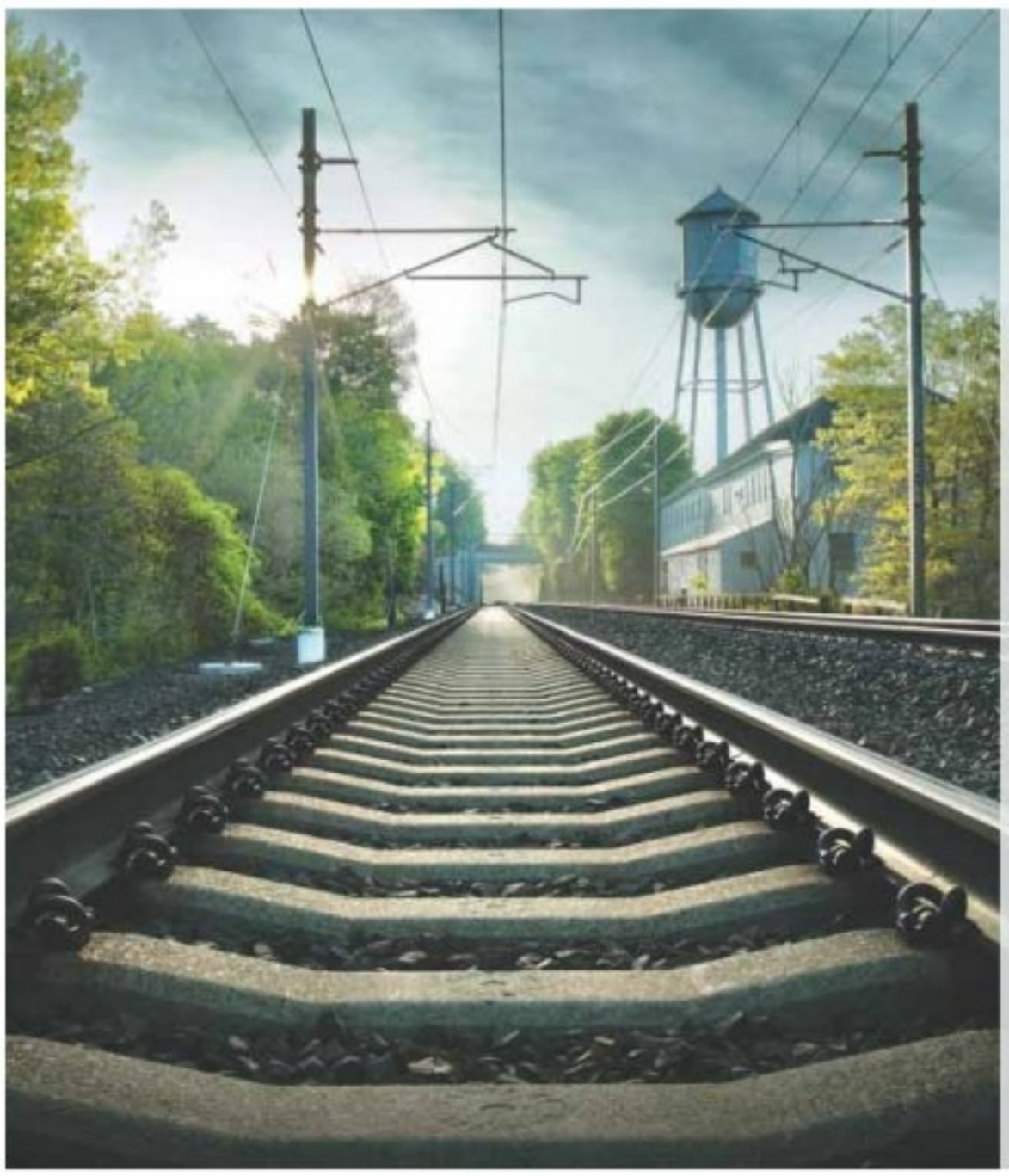
Woman killed

A woman was killed and her husband injured early yesterday during a home invasion on the 6700 block of Castor Avenue. Police said the woman, 74, died of head trauma and her husband, also 74, was hospitalized with injuries to his neck and head. METRO

Theft

Police: Teen stole prom proceeds

Police are looking for a Wilmington teen whom they say stole a cash box from Concord High School Friday afternoon as school staff sold prom tickets in a hallway outside the cafeteria. Investigators said the suspect is a 16-year-old student. METRO



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Clash. At least 20 dead in Bangladesh Islamist protests

At least 20 Bangladeshis were killed yesterday in clashes between police and hardline Islamists demanding religious reforms, as violence spread beyond the capital Dhaka to other parts of the country.

The clashes began on Sunday after 200,000 Islamist supporters marched in Dhaka to press demands critics said would amount to the "Talibanisation" of a country that maintains secularism as state policy, but they were met by lines of police. REUTERS

Seeking a quiet election

Iran presidency candidates to step forward

Few Iranian presidential elections have been so unpredictable, but the next few days will at least narrow down who will stand in the ballot on June 14, for which candidate registration starts today and ends on Saturday.

What is certain is that Ayatollah Ali Khamenei, who has held ultimate power as Supreme Leader for 24 years, wants to avoid both the mass protests by reformists that greeted the disputed reelection of Mahmoud Ahmadinejad in 2009. REUTERS

Few options for Syria to strike back after raids

An Israeli soldier stands in front of an Iron Dome short-range missile defense system near the city of Haifa. / GETTY IMAGES

Response. Syria did not retaliate when Israel bombed a suspected missile convoy in January.

Syrian President Bashar al-Assad has few good options for military retaliation after Israel's air strikes over the weekend but the attacks could redouble support from his regional allies Iran and Hezbollah.

Assad, already battling rebel fighters who have seized large parts of his country and killed many thousands of his troops, can ill afford to confront the region's dominant military power in a devastating and likely one-sided war.

And his allies in Iran and Hezbollah are also wary of starting a new battle which would divert from their determined efforts to keep their strategic ally in power in Damascus.

"Significant military action is unlikely," said Paul Salem, director of the Carnegie Middle East Centre.

Israel's twin air strikes within 48 hours shook Damascus, sent pillars of flame into the night sky and killed dozens of soldiers. REUTERS

Quoted

"Syria, Hezbollah and Iran are not interested in opening another front when clearly their main battle is for the Syrian regime to survive."

Paul Salem, director of the Carnegie Middle East Centre

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If you have varicose veins, you already know they are unsightly and uncomfortable. Do you also know they can be hazardous to your health? Varicose veins are abnormally dilated veins that may protrude on the skin surface and appear as twisted and rope-like. They are often associated with symptoms such as pain, fatigue, heaviness, swelling, burning and itching. They may also be indicative of more serious health issues.

Venous Reflux Disease – A More Serious Condition...
Varicose veins may be symptoms of venous reflux disease, a serious medical condition. Healthy leg veins contain valves that open and close to assist the return of blood back to the heart. Venous reflux disease develops when these valves become damaged or diseased. As a result, vein valves will not close properly, causing varicose veins and other symptoms. This disease is progressive and can worsen over time.

It Could Happen to You - Contributing Factors...
Many underlying causes that may contribute to the presence of venous reflux disease, which has been attributed to heredity, obesity, pregnancy and professions that require long hours standing. Although some people are more susceptible than others by virtue of their jobs and/or medical history, the fact is that venous disease and varicose veins can happen to anyone.

Real Relief - Minimally Invasive, Maximum Results...
Although many people find relief by elevating their legs or wearing compression stockings, these are temporary measures. There are more permanent treatment options that offer real relief and are minimally invasive including:

- Vein Ablation (Radiofrequency 'RF' or Laser) - an innovative, minimally invasive technque that uses either larer or radiofrequency energy to precisely and effectively treat diseased veins with less pain, tenderness and bruising than alternative such as surgical stripping.
- Microphlebectomy - a procedure where varicose veins are removed through small incisions or needle holes that don't require stitches.

The Advantages...
The results of our minimally invasive vein treatments can be life changing. Patients experience little to no pain, and are back to their normal routines quickly. Most non-cosmetic procedures are covered by health insurance.

Trust Your Vein Care to a Professional...
Richard Gray, MD, FSIR, Medical Director

Richard Gray is a fellowship trained and board certified Vascular and Interventional Radiologist. He earned his MD from the Cornell University Medical College, NY Hospital and completed a fellowship in Interventional Radiology at the MD Anderson Hospital & Tumor Institute at in Houston. Dr. Gray served as Director of Interventional Radiology at Washington Hospital Center and as Fellowship Program Director of Georgetown University for 20 years. While in Washington, he was repeatedly voted a "top doctor" in the *Washington Magazine* and was voted a "top doctor" by other doctors in the US. He is the author of numerous publications and is nationally recognized as a thought leader in venous access.

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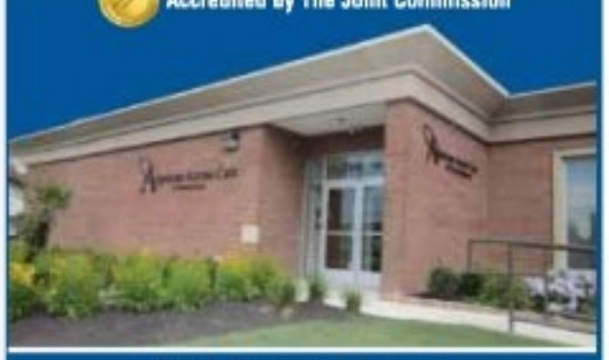

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The study said that over the course of their lives, undocumented immigrants-turned-citizens would receive $9.4 trillion in government benefits and services and pay only $3.1 trillion in taxes.
GETTY IMAGES

Think tank says immigrant amnesty would worsen deficits

Upcoming. It is only the first of what is expected to be a flurry of competing studies attempting to influence the immigration debate.

Granting legal status to 11 million undocumented foreigners living in the United States would significantly add to government budget deficits, according to a study released yesterday by the conservative Heritage Foundation.

Heritage, a think tank headed by former Sen. Jim DeMint, has assumed a leading role in opposition to a bipartisan, comprehensive immigration bill being considered by the Senate.

The legislation couples the legalization proposal with a new program to admit high-skilled and low-skilled workers to fill jobs that industry and agriculture say are going begging because of a shortage of available U.S. workers. The Heritage study did not look at the impact on the economy of those provisions.

Coming three days before the Senate Judiciary Committee is scheduled to begin the immigration measure, the Heritage Foundation study estimated that legalizing the 11 million would put a severe strain on government programs.

The government benefits and services include health care, Social Security, public education, aid to low-income families and a range of other programs. The Heritage Foundation report was blasted by other conservatives, even before it was issued. **REUTERS**

Taxpayers

$6.3T

Over the next 50 years, it would cost taxpayers a net $6.3 trillion, according DeMint, a former Republican senator from South Carolina and a favorite of the conservative Tea Party movement. That would work out to $124 billion a year on average.

Guns. NRA wraps up national convention

The National Rifle Association on Sunday wrapped up its first national meeting of members since the high-profile mass shootings last year at a movie theater in Aurora, Colo., and the Sandy Hook Elementary School in Newtown, Conn.

Not only was the convention the NRA's first national gathering of members since the shootings in Colorado and Connecticut, but it came less than a month after the U.S. Senate voted down a measure to expand background checks for gun buyers. **REUTERS**

A youngster tests his shooting skills with a handgun using a computer simulator. / GETTY IMAGES

PARENTS

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Part of the Parents Translational Research Center of the Treatment Research Institute, in collaboration with The Partnership at Drugfree.org. Funded by the National Institute on Drug Abuse.

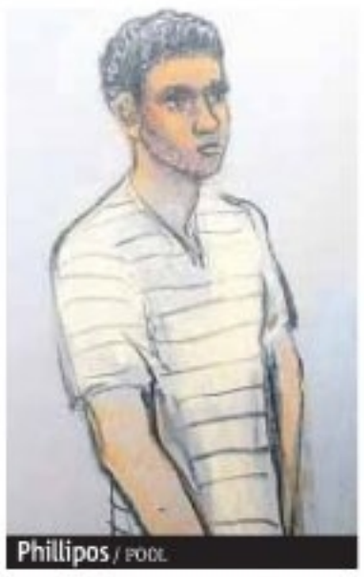
Attorney Derege Demissie said Phillipos' mother was "very emotional," after the ruling. / GETTY IMAGES

Teenager accused of lying in bomb case out on bail

Bail. He will be under the custody of his mother and must wear a GPS bracelet.

The teenager accused of lying to FBI agents in the Boston Marathon bombing case was freed on $100,000 bail yesterday pending a later trial date. The $100,000 bail for 19-year-old Robel Phillipos was secured by real estate put up by a third party, the judge said.

Phillipos, of Cambridge, Massachusetts, is accused of making false statements to FBI agents investigating the April 15 attack that killed three people and injured 264 near the marathon's finish line. He was not charged with direct involvement in the attack.


Phillipos / POOL

About 60 people, including friends, family and a large contingent from the Boston Ethiopian community, appeared in the courthouse yesterday showing their support.

Defense lawyers argued he was not a flight risk, has no prior criminal history and can refute FBI allegations that he interfered with their investigation, court records show.

In another development in the continuing probe into the bombing, investigators said analysis of the bomb fragments suggests they were less sophisticated than homemade ones used by insurgents. REUTERS

Boston bombing

Suspect's family struggles to find burial site

The family of suspected Boston Marathon bomber Tamerlan Tsarnaev is facing a quandary over where to bury his body as several cemeteries across Massachusetts have refused to accept it.

Under Islamic law, the body cannot be cremated. REUTERS

Mortgages. New York AG to sue Wells Fargo and Bank of America

New York Attorney General Eric Schneiderman said he plans to sue Bank of America and Wells Fargo for violating the terms of a settlement designed to end mortgage servicing abuses.

The announcement, which suggests lawsuits could be filed against the banks within two months, comes ahead of a report from the monitor for the settlement. REUTERS

Bank of America / GETTY IMAGES

Skills for the 'real world'

The things you learn in class aren't the only ones that count. Learn these skills on your own and get ahead after graduation.

Graduation season is upon us, and that means college graduates everywhere are preparing to enter "the real world." Chances are, as hard-earned as it is, your liberal arts degree doesn't equip you with every digital skill you'll need. Our short list of skills that every college graduate should possess is guaranteed to increase your overall digital know-how, and you can learn them all on your own. Did you graduate college a long time ago or never attend? Don't worry — it's never too late to learn these skills.

Mashable
The Social Media Guide

1

These days, most students are lucky enough to go to colleges that have wireless Internet set up in the dorms. But once you graduate, that's not built in. To address this harsh reality, learn what it takes to get working Wi-Fi: Setting up the modem, launching a network and researching local companies and pricing.

2

With all those photos of your friends, your music library and your 40-page thesis, your entire world exists on the hardware of your computer. Keep it safe by backing it up to the cloud, either to preserve it or so you can access your files anywhere. Whether you use iCloud or Dropbox, research the services that are available and find the one that's right for you.

3

Even if you don't plan on using Photoshop regularly after graduation, it doesn't hurt to know the basics. More and more careers require Photoshop skills, whether it's journalism, marketing or even nonprofit work. Snag a cheaper copy of photo-editing software and learn your way around a paint brush, layers and color correction.

4

These tools may seem obvious, but knowing the ins-and-outs of Google Drive and Microsoft Office is a digital skill you shouldn't go without. Learning how to make a proper Excel spreadsheet takes effort, and it's a specific qualification on many job listings. Google Drive includes docs, spreadsheets and forms, so it's commonly used to collaborate with other users.

5

Companies are screening prospective employees through Google searches and social media. Since most users click on the first page of results, it's in your best interest to brand yourself properly before going on any big interviews. Google your name and see what pops up on the first page. If you see anything problematic, learn how to fix it.

College grads face hurdles in employment

More than 40 percent of recent U.S. college graduates are underemployed or need more training to get on a career track, a poll released this week shows.

The online survey of 1,050 workers who finished school in the past two years and 1,010 who will receive their degree in 2013 found that many graduates, some heavily in debt because of the cost of their education, say they are in jobs that do not require a college degree.

Thirty-four percent say they have student loans of $30,000 or less, while 17 percent owe between $30,000 to $50,000.

"For our nation's youngest workers, as well as for the workforce at large, there is a real need for employers to reexamine how they hire, train and develop their employees," said Katherine Lavelle, of the global management consulting firm Accenture, which conducted the survey.

Nearly half, or 42 percent, of recent graduates expect they will need an advanced degree to further their career. More than half of graduates say it is difficult finding a job, but 39 percent were employed by the time they left college. Sixty-eight percent say they are working full time, while 16 percent are in part-time positions.

In addition to being underemployed, many graduates think they would have done better in the job market if they had chosen a different major. More than half of those surveyed intend to go back to school within the next five years.

The survey uncovered a gap between what students expect to earn in their first job and their actual salary. Only 15 percent of this year's graduates think they will earn less than $25,000 but a third of recent graduates said they make that amount or less. REUTERS

Statistics tell a tough story for recent college grads.
GETTY IMAGES/FUSE

By the numbers

- **40 percent** of recent U.S. college graduates are underemployed.
- **34 percent** said they had student loans of $30,000 or less.
- **17** percent owe between $30,000 and $50,000.

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Samamba Cardellicchio, PCOM student

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PHILADELPHIA UNIVERSITY

Tie on that apron, kids

Teens who work during high school earn 20 to 25 percent more than their non-working peers a decade later, a new study reveals. / WWW.JUPITERIMAGES.COM

Study. A study from Drexel University says that teens who have jobs are more likely to succeed.

According to a study published by Drexel University's Center for Labor Markets and Policy, teens who spend some time bagging groceries or siphoning fries into cartons have a larger shot at success throughout their career.

Paul Harrington, a Drexel University labor economist and lead author of the study, says that work experience in a formal job during high school (from ages 16 to 19) correspond to a 20 to 25 percent increase in salary for teens almost a decade later. In this case, a "formal" job means a gig in food service or retail for a larger company, as opposed to work like baby-sitting or cutting the neighbor's grass. High school students who work, he says, are also more likely to have a job a decade after high school than their peers. The numbers are even stronger for teen boys, Harrington says.

"I think there's a dignity in work," Harrington says. "It's really important for people to understand how they contribute to making an organization function. The way you understand how that works is by doing it."

The study did reveal some bad news, however. As the economy has suffered, jobs for teens have become more difficult to come by. In the Metro Philadelphia area, the study revealed that in 2000, about 44 percent of teens between the ages of 16 and 19 had jobs. Today, that number has fallen to 25 percent, mostly due to the lack of employment opportunities and to the fact that older workers are holding onto jobs longer than they have in previous decades.

Be present

The other piece of data that the study revealed is that attendance in high school is a very strong indicator of good things to come. Harrington says that having high daily attendance in high school means that students have a much higher chance of graduating from college.

"Woody Allen said, '90 percent of life is showing up,'" Harrington says. "Turns out he was right."

JULIA FURLAN
julia.furlan@metro.us

Quoted

"I think there's a dignity in work. It's really important for people to understand how they contribute to making an organization function. The way you understand how that works is by doing it."

Harrington

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IS THIS THE SAVOIR OF FOX?

1 Will Bieber, Pink, Combs and Gomez save 'Idol'?

"American Idol" producer Nigel Lythgoe will not let the veteran reality TV show go gently into that good night. Nope. The producer has reportedly decided to spend some big bucks to boost the show's sinking ratings.

So who does he have his eye on? Justin Bieber, Selena Gomez, Pink and Sean "Diddy" Combs, reports Radaronline.com.

"You can't get any bigger than Justin Bieber. The executives are calling it their dream team, because who wouldn't tune in to see Justin and Selena, Pink and Diddy?" a Fox insider tells the site. "Pink has been approached in the past and turned it down — as well as Diddy, who wanted too much money. It will cost a fortune to get them, but the show has gotten so stale that Fox is desperate for a revamp; they're willing to pay to put 'Idol' back on top."

That means the current lineup of judges — Mariah Carey, Nicki Minaj, Keith Urban and Randy Jackson — will possibly not be returning. Apparently, the only one who's safe is Ryan Seacrest.

Instead of paying the big bucks for big names, why not pay for big personalities who actually play off of one another and are entertaining to watch? Or is that just crazy talk?

4 Brown does not want to play 'husband'

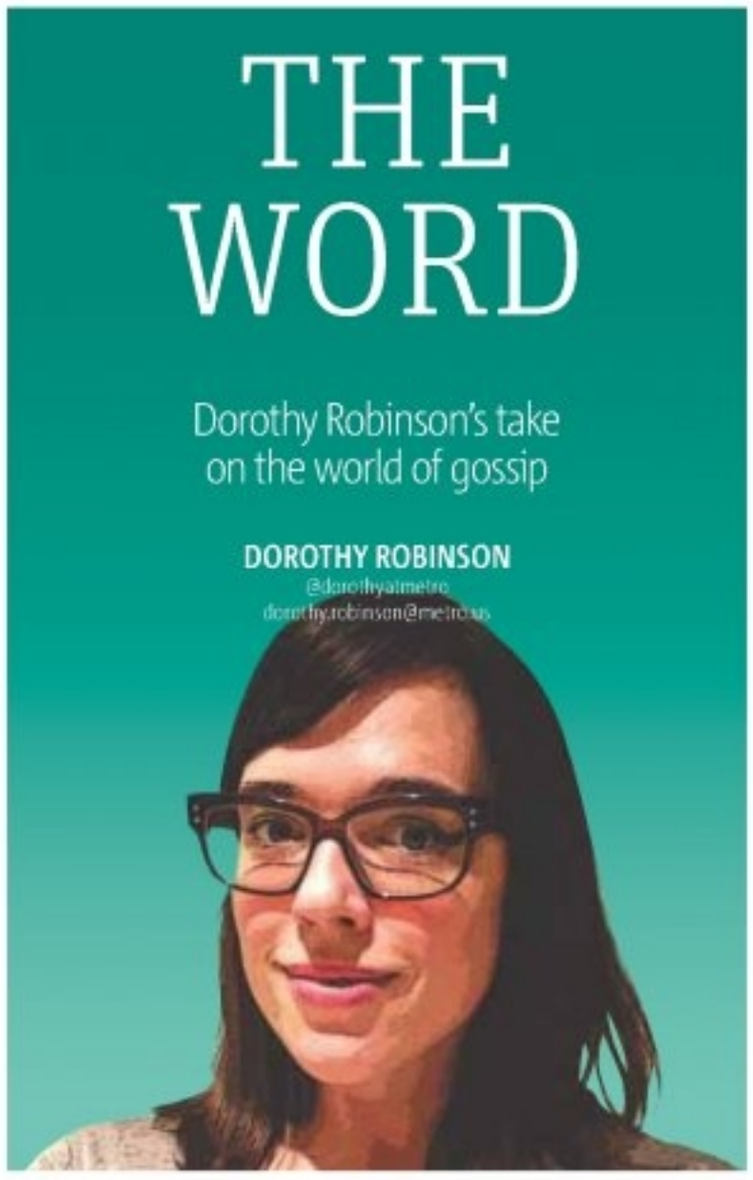
Here is Chris Brown's explanation on breaking it off with Rihanna yet again:

"I can't be focused on wife-ing someone that young. I need to be the best Chris Brown I can be," the 24-year-old said during a recent interview with Australian radio show "The Kyle and Jackie Show."

Wait. Forgive me as I'm elderly, but you call being a loving and supportive partner "wife-ing"? And that is a bad thing? What is called "husband-ing"? Forgetting to take out the garbage?

THE WORD

Dorothy Robinson's take on the world of gossip


DOROTHY ROBINSON
@dorothyatmetro
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Which is more neon: Big Ang or her drink? / MOHEGAN SUN

3 Big Ang stops by Mohegan Sun, is extremely orange

VH1's "Mob Wives" star, Angela "Big Ang" Raiola, showed off her ample assets and abs in a black leather crop top on Friday night as part of Mohegan Sun's Reality Check Tour where she took part in a Q&A and signed autographs for fans.

I love Big Ang — but I'm pretty sure when dermatologists have nightmares, this is what they see. Now if you'll excuse me, I'm off to apply some good moisturizer.

2 CULTURE

Twitter feed

Checking in with some of Hollywood's biggest names — in their own words, in 140 characters or fewer.

Today, Perez gets hopped up on FroYo, Jimmy Kimmel likes pretty underwear, Ellen congratulates Keira Knightley and Nicki Minaj ODs on, uh, perfume ... we think.

@PerezHilton: Frozen yogurt is like crack, but at least it won't land you in rehab or jail! Eat it up! #Perezism

@JimmyKimmelLive: It's about time they started making women's lingerie for men.

@TheEllenShow: Congratulations, Keira Knightley, on your wedding! May you celebrate your love daily, and Knightley.

@NICKIMINAJ: I never understood how ppl cld spray just a few squirts. I spray at least 50 every time. Lmfao. It makes me so happy.

2 Mister Cee 'suspends' himself after gay prostitution bust

One of Hot 97's most popular DJs — Mister Cee — was arrested after he allegedly propositioned a male prostitute who was an undercover cop, according to New York Daily News. But Cee is saying that the press (and the cops) have it all wrong — dude was really a lady.

"I am not gay," Mister Cee told Hot 97 program director Ebro Darden on yesterday's show. According to reports, Cee, who also produced the Notorious B.I.G. album "Ready to Die," pleaded guilty to loitering for the purpose of engaging in a prostitution in 2011. That prostitute was later identified as a man.

Cee's way of dealing with this: "I'ma suspend myself, I'ma take myself off the radio," he said.

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Where is Beyonce's album?

Beyonce, stop teasing us and just release the album already. / KEVIN MAZUR, WIREIMAGE

Music. The eager anticipation for her latest is driving us nuts. Here's what we know so far.

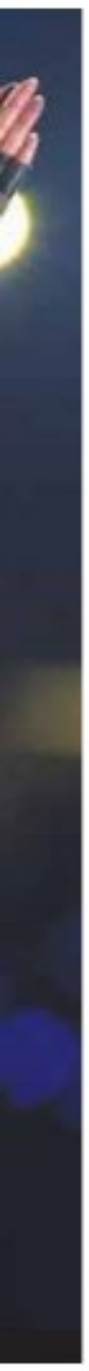
JAN. 10
The February 2013 GQ cover story announces that Beyonce's album could come out as early as April. She says the album will be mostly R&B. "I always have my Prince and rock/soul influences," says Beyonce. "There's a bit of D'Angelo, some '60s doo-wop. And Aretha [Franklin] and Diana Ross."

FEB. 11
The singer hints that the new album will be "a lot more sensual" and "empowering." So, she's still a fierce, independent woman — but she's crazy in love and bootylicious?

MARCH 10
A fake track list for Bey's new album surfaces online. Knowing what we know now, there's probably no chance that "Ratchet" (feat. Lady Gaga & Azealia Banks) and "More Than Sex" (feat. Ne-Yo) are real songs, seeing that all the singles she has released were not on the list.

MARCH 17
Beyonce releases "Bow Down/I Been On" on her website. "I took some time to live my life, but don't think I'm just his little wife," she sings, adding, "Bow down, bitches" to her challengers.

MARCH 19
MediaTakeOut reports that Beyonce's new



MAY 1

A publicist tells Metro that a Beyonce press conference in London, scheduled to promote her role in the animated film "Epic," is canceled. Perhaps this means she's finally finishing that album?

album will come out in Fall 2013 now because the two songs that were released — "Nuclear" and "Bow Down" — were not doing so well. "No one thought that both records would fall flat. They were supposed to be her biggest songs off the album," a source told the website.

MARCH 28
Rolling Stone reports the album is called "Mrs. Carter" (but later reports say the album is yet to be titled).

APRIL 3
Producer, The-Dream, says Bey has a "very sexual" track called "IV Play." "She's talking about her man, hopefully," he says during "The Angie Martinez Show." "She was talking that talk. That's one of the best performances I've heard from her in that way."

APRIL 4

The new single "Grown Woman" is released in a minute-long Pepsi ad. The video features Beyonce in a room full of mirrors, each reflecting one of her old looks.

APRIL 8
MTV reports in a story about Kelly Rowland that Beyonce will release an album within eight months.

APRIL 23
Don't fret: BFF Gwyneth Paltrow says Beyonce's album will be out soon. She told Digital Spy that she's heard a "lot, lot, lot" of the songs, but she doesn't know which ones will be left on the cutting room floor.

APRIL 23
Beyonce performs "Grown Woman" in Paris, but the unnamed album still has no release date.

APRIL 25
Beyonce debuts a 90-second clip of a new song "Standing on the Sun" for her H&M summer ad campaign.

MAY 1
A publicist tells Metro that Beyonce's press conference in London, scheduled to promote her role in the animated film "Epic," is canceled. Perhaps this means she's finally finishing that album?

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Breeders make another 'Splash'

Reunion. The Breeders are back to celebrate the 20th anniversary of an album that was the 'Last' of its kind.

The Breeders, in their definitive incarnation, are, from left: Kelley Deal, Josephine Wiggs, Kim Deal and Jim MacPherson. They will perform on "Late Night with Jimmy Fallon" tonight. / CHRIS GLASS

Kelley Deal says that when she found herself in a rehearsal room again with the definitive version of the Breeders after nearly 20 years, she had a revelation.

"I realized that 'Last Splash' was the only album that all of us had played on together," she says of the breakthrough record that the band are celebrating the anniversary of with a deluxe edition and their current tour. "I had never thought about that before."

Deal's twin sister Kim was the band's only constant on all albums. "Last Splash" was their second release, and their first with both Deal sisters playing on it. After that, the band splintered off and called themselves the Amps after bassist Josephine Wiggs left. Though the Breeders reformed multiple times over the years, it was never with the rhythm section that gave the band their biggest hit, "Cannonball," which kicked the summer of 1993 into gear with a definitive bass riff.

"I've played 'Cannonball' so many times, and I love the way [longtime Breeders bassist] Mando Lopez plays it, and he plays it right, but until we got back with Jo, it just never felt the same way," says Deal. "Because when you're the one who comes up with the part, you really own it. When I play songs from [the Breeders first album] 'Pod,' it never feels quite right because I didn't come up with the parts."

The energy that Kelley Deal discovered in that rehearsal room this year with her old band mates filled her with hope.

"I kept saying, 'Why don't we record more?' But then we realized if we didn't rehearse the 'Last Splash' songs then we'd play them really badly and play really well on these new songs that nobody wanted to hear," she says.

Deal says a new album by the classic lineup isn't out of the question for later: "When we were together, it just really clicked."

PAT HEALY
pat.healy@metro.us

One divine hammer

When Kelley Deal reflects back upon what led to the Breeders' loss of momentum 20 years ago, she blames herself. It wasn't quite the usual rock formula of success leads to tension between band members.

"There wasn't tension. I had a drug arrest," she says.

Deal says she hasn't had a drink in nearly 20 years, and the climate is different on this tour as far as drugs.

"Maybe there's more prescription drugs," she jokes.

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From punk shows in West Philly to life in suburbia

Lawrence Michael Levine is Sully in the film. / PROVIDED

At the movies. Locals will recognize their hometown in "Detonator."

The central theme of "Detonator" is fairly universal: leaving behind a wild and carefree past for the responsibilities of family and career. But for Philadelphians, the settings of the new film will feel even closer to home. That untamed youth is shot against the backdrop of punk house shows in West Philly, while adulthood is depicted in the green backyards of Flourtown.

"Detonator" takes place over the course of one night, as Sully (played by the co-directors' Columbia University classmate Lawrence Michael Levine) reunites with his former bandmate and is drawn back into the punk underground that he'd left behind for 9-to-5 domesticity in the suburbs. Wednesday's screening at the Ambler Theater, at which one of the directors, Keir Politz, will be on hand, will serve as a preview for the film's official East Coast premiere in New York City later this month. It previously screened as a sneak preview at last year's Philadelphia Film Festival before making its world premiere earlier this year at California's Cinequest Film Festival.

Co-directors Politz, a native of Philly's Lawncrest section, and Damon Maulucci met while both were grad students at Columbia, though Politz has since moved back to Manayunk. He saw the local punk scene as the perfect landscape for the story the filmmakers were out to tell.

"I'd always been drawn to the excitement and rawness and youthfulness of punk music," Politz says. "It fit as a great contrast to things that my partner and I are experiencing in our own creative lives: Trying to reconcile these past, more romantic notions of yourself with the reality of having to pay a mortgage and have a family."

Politz, who now teaches screenwriting at Penn, didn't want to film the familiar sights that usually indicate "Philadelphia" on screen. He cites Elaine May's 1976 film "Mikey and Nicky" as an inspiration. "A lot of people wouldn't know that was shot in Philadelphia because they never show any landmarks," he says, "but to me it's unmistakable. She succeeded in capturing something truthful and authentic about this city. I wanted to do something that doesn't gloss the city, but that also doesn't overly sentimentalize the grit of it."

If you go

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TV watch list

REALITY

'Splash'

The competition chooses a has-been diving champ. A better title? Swimming with the Almost-Stars.
SEASON FINALE, 8 P.M., ABC

REALITY

'Polygamy, USA'

Here comes another reality spin on plural marriages among Mormon fundamentalists. We'd be curious to see a plural marriage with one wife and multiple husbands. **SERIES PREMIERE, 9 P.M., NGC**

REALITY

'The Deadliest Catch'

We are crushed that this is a fishing show and not a spooky one about dating. **9 P.M., DISCOVERY**

The absurdly populated clan of Duggars hit up China on "19 Kids and Counting." / TLC

REALITY

'American Hoggers'

This reality show — another on a subject we didn't realize was worth covering — follows hog hunters in Texas. The only thing that can save these wild boars is a literate spider. **10 P.M., A&E**

REALITY

'19 Kids and Counting'

The unnecessarily massive Duggar family visits China, where their family would have weathered legal sanctions 18 people ago. Instead, they clog up a country already clogged with people. Sorry, other parts of the world.
9 P.M., TLC
NATALIE SHURE

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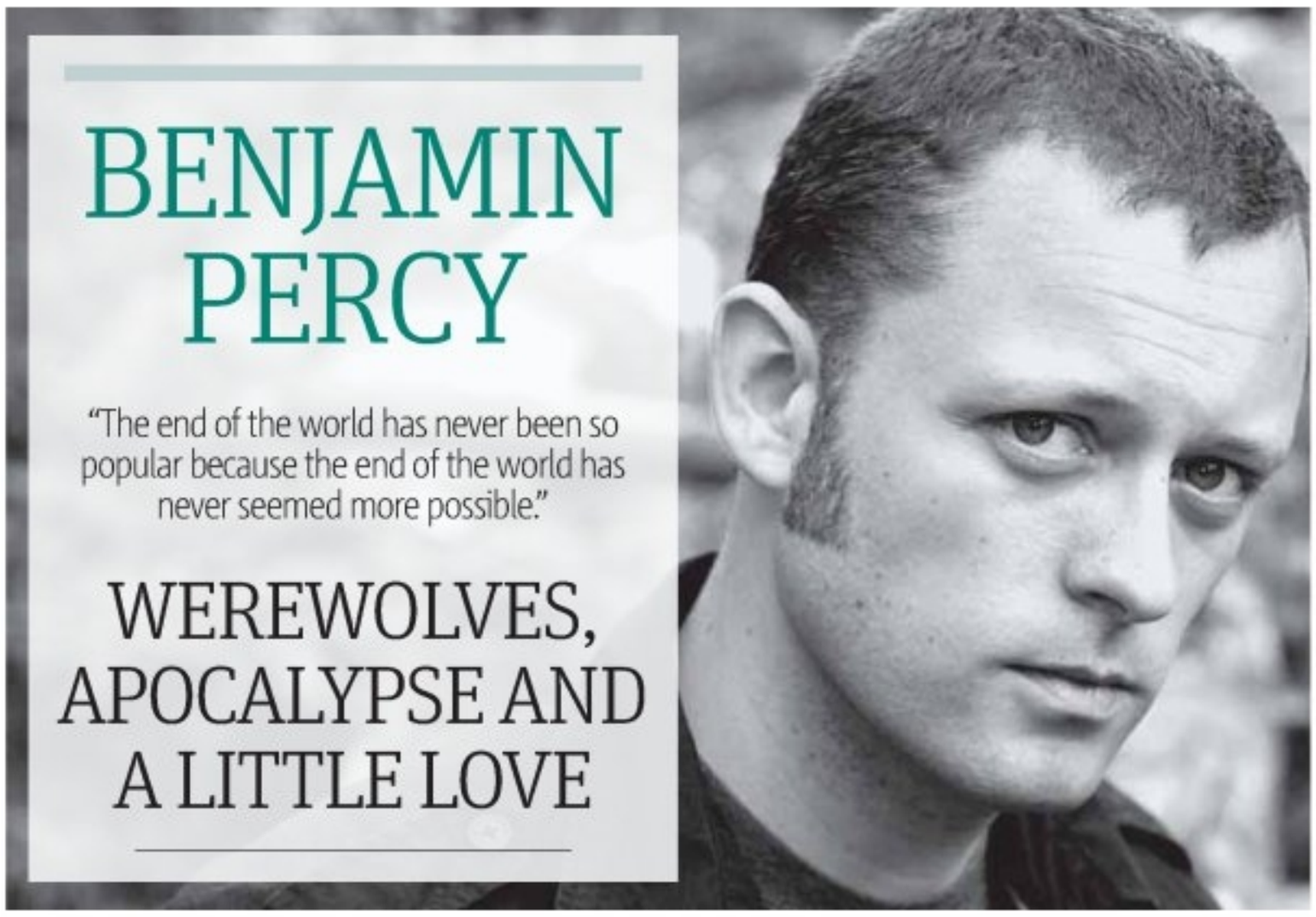
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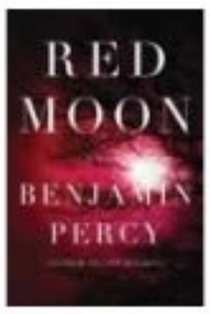
"The end of the world has never been so popular because the end of the world has never seemed more possible."
WEREWOLVES, APOCALYPSE AND A LITTLE LOVE

Author Benjamin Percy says he's "always loved the epic novel — the kind that swallows up your life, that tangles you in its complicated web — and I've always wanted to write one." And his new book "Red Moon" is just that. The sweeping tome is a mixture of a supernatural thriller (hello, werewolves!), a love story and a political allegory all wrapped up in one insanely readable package. Here's how he did it:



How did you come about writing a book about werewolves?
Some of the most lasting horror stories target cultural unease. Consider Frankenstein: The creature embodies the fear of science and technology, man playing God, all of the anxieties that swirled out of the Industrial Revolution. So when I sat down to brainstorm "Red Moon," I considered what we fear now. We fear disease and we fear terrorism.

Why do you think apocalyptic and post-apocalyptic narratives are so addictive these days?
They've been around forever, but since 9/11, there has been a flood of films and novels. The end of the world has never been so popular because the end of the world has never seemed more possible, due to political and economic and environmental unrest.

What kind of research did you do to nail down the book's militaristic aspects?
I spent dozens of hours with researchers at the USDA and Iowa State University, trying to figure out the slippery science behind animal-borne pathogens and vaccinations. I had to talk to politicians and government agents and brewmasters and pharmacists. And I got my hands on the Marine Corps handbook.

'Red Moon' is part love story, part horror, and part political allegory. But if you had to whittle down the point of 'Red Moon,' what is it?
I hope my readers feel struck by the political allegory, and I hope their pulse quickens with the love story, and I hope the more horrifying passages scare the pants off of them. Its core — this post-9/11 reinvention of the werewolf myth — is thought-provoking entertainment.

DOROTHY ROBINSON
dorothy.robinson@metro.us

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Of course, no visit to Maryland would be complete without a stroll around Baltimore's Inner Harbor. / MARYLAND OFFICE OF TOURISM

3 Reasons to go to Maryland this summer

Festivals Galore

From food to music and the arts, there's something for everyone. The nation's largest free arts festival, Artscape, takes place in Baltimore from July 19-21. In addition to exhibits from fine artists, fashion designers, photographers and craftsmen, there will be a full schedule of performing arts, including an appearance by the Baltimore Symphony Orchestra. For something a little more eclectic, check out the Maryland Renaissance Festival in Annapolis from Aug. 24 through Oct. 20.

American History

Maryland was settled in the 17th century, and towns along the Eastern shore have preserved buildings and artifacts from that era. Annapolis and Chesapeake Bay will continue their commemoration of the 200th anniversary of the War of 1812 and the writing of "The Star-Spangled Banner" through a walking tour. In June, Francis Scott Key's original manuscript for what would become our national anthem will go on display. And, Civil War enthusiasts can visit notable battle sites.

Hit the Road

Maryland has tons of scenic byways that delve into areas rich with culture. The Booth's Escape journey charts the escape route of John Wilkes Booth as he fled from Washington, D.C. The Maryland portion of Harriet Tubman's Underground Railroad follows an Eastern Shore byway plentiful with African-American heritage.

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Norwegian Cruise Line — Receive up to $960 Onboard Credit, plus Free Upgrades on select sailings	7-Day Alaska	7-Day Bahamas	7-Day U.S./Canada	9-Day Caribbean
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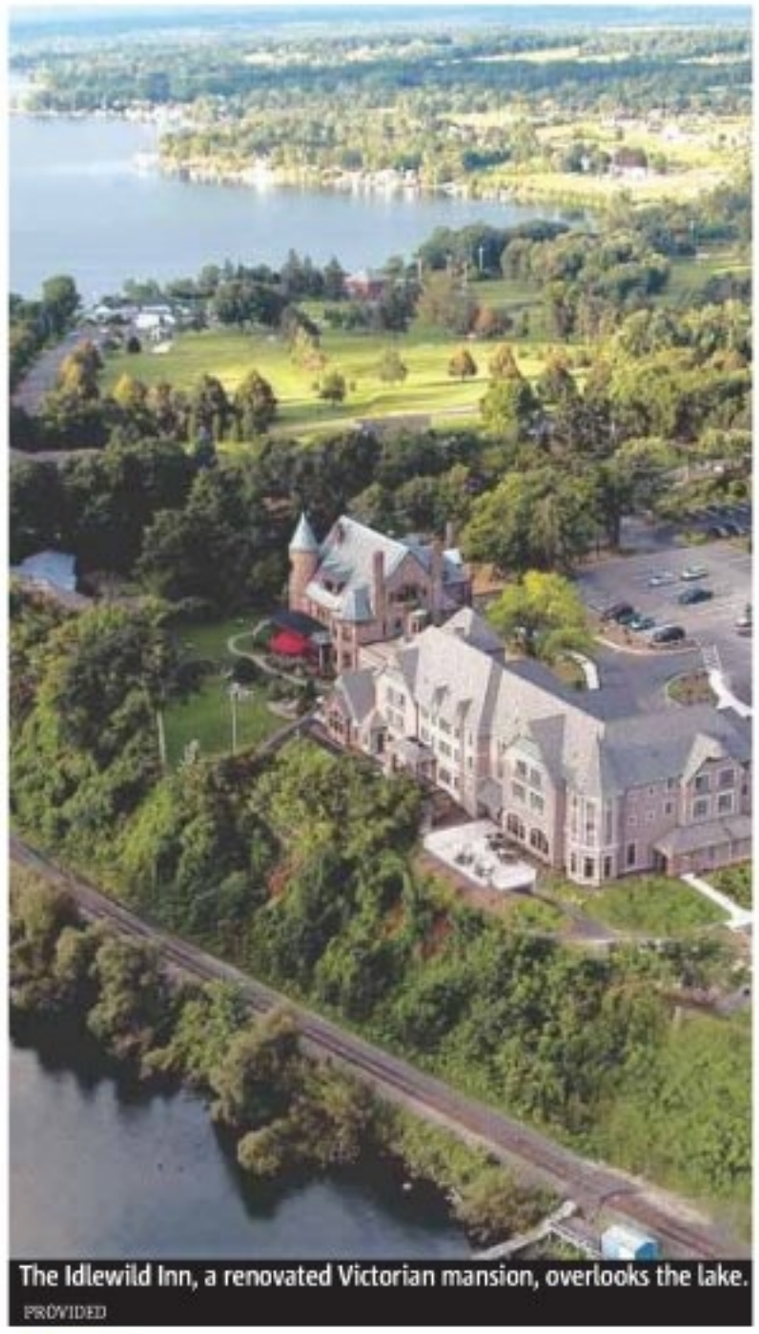
Outdoor adventure in the Finger Lakes

Destinations. Head north to the area that New York's governor calls a "treasure."

As the seasons change, you might be itching to get out of the city limits and be someplace where honking is replaced by the gurgling of a river or, simply, the silence of a sparkling lake. So set your GPS for the Finger Lakes, which Gov. Andrew Cuomo just last week called a state tourism "treasure." The region's warm weather is just beginning, so book your trip during the super-quick summer.


The Idlewild Inn, a renovated Victorian mansion, overlooks the lake.
PROVIDED

Hike

For a hike you can wedge in between wine tastings, head to **Grimes Glen** in Naples. This spot is perfect for a packed itinerary — squeeze it in and get as close as time allows to a beautiful waterfall. Prepare to get shoes muddy or even wet — you may pick your way along large rocks in the creek. Reward yourself with a grape dessert at nearby **Monica's Pies**.

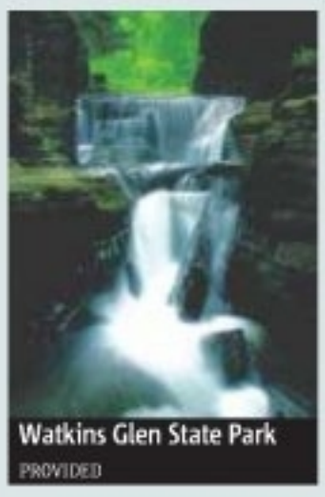
Ride

Take in the scenery by horseback in the 22-acre land around **Painted Bar Stables** in Burdett. The stable offers rides from 45 minutes to overnight, rain or shine, and by moonlight. Right now is the ideal time to go — a few horses are expecting foals, and you might glimpse a wobbling baby horse.

ALISON BOWEN
alison.bowen@metro.us

Explore

Watkins Glen is a great town to use your walking shoes. Explore the quaint downtown then head to the nearby **Watkins Glen State Park**, a must-see. A stream in the glen descends 400 feet, passing cliffs and waterfalls. After the hike, stop by the **Seneca Lake General Store**, which sells breakfast sandwiches, pastries and candy out of barrels.


Watkins Glen State Park
PROVIDED

Sip

Two Goats Brewing
PROVIDED

Belhurst Castle in Geneva is a property fit for royalty — or you, feeling like a queen or king as you sip wine on the back terrace. Despite the lavish surroundings, wine tastings are just 50 cents.

If you are more of a liquor fan, stop by **Finger Lakes Distilling** on the other side of the lake in Burdett. Try the rich, aged McKenzie bourbon whiskey.

To drink with locals, head to **Two Goats Brewing** in Hector. Brews range from cream ales to what one bartender called "an IPA on steroids." If you're hungry, you have one option — roast beef sandwiches.

Stay

If you're interested in wineries, the **Ramada Geneva Lakefront** in Geneva, is just a quick drive from a string of wineries that flank the west side of the lake. Many rooms showcase the views.

For a rich bed-and-breakfast experience, reserve at **The Idlewild Inn** in Watkins Glen, a gorgeous 18-room Victorian mansion where the owners' loving renovation shows. It sits on a hill above Seneca Lake. Take in the impressive view from the wraparound porch.

If you go

GlassFest

- May 23 to 26
  This four-day celebration includes the Corning Museum of Glass. For more info, visit www.glassfest.org.

Finger Lakes Wine Festival

- July 12 to 14
  It boasts the largest showing of state wines from 90-plus wineries. www.flwinefest.com

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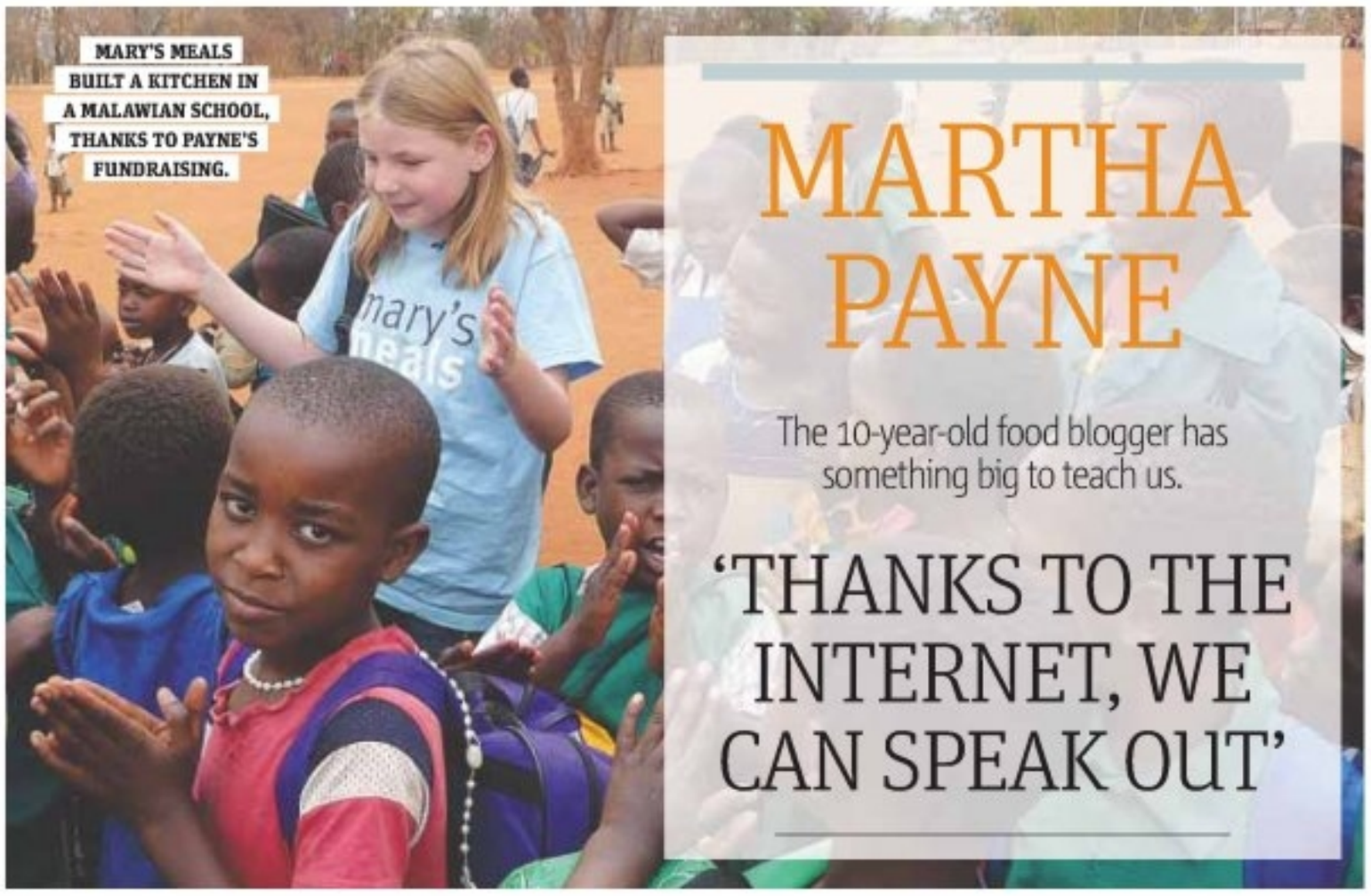

MARTHA PAYNE

The 10-year-old food blogger has something big to teach us.

'THANKS TO THE INTERNET, WE CAN SPEAK OUT'

One year ago, 10-year-old Scottish schoolgirl Martha Payne made headlines for blogging about her school meals and challenging food kids eat every day. At first, her primary school in Lochgilphead, in western Scotland, forbade her from taking photos of what was on the lunch menu. But after her blog NeverSeconds went viral worldwide, the school gave in and announced all students would be given unlimited servings of fruit and vegetables. Today, Payne is using her media success to champion food causes and raise money for Mary's Meals, a charity dedicated to supporting projects aimed at the poorest communities of the world to prevent child hunger.

How did you realize the food in your school was unhealthy?
I live on a small farm and we grow some of our food. My food at home is very different. The food at school is very processed; simpler food is better.

Now you support other kids worldwide. Can you tell us a little bit about that work?
My grandfather was a volunteer for Mary's Meals and I have grown up knowing about it. When someone commented on my blog that I was lucky to get any school lunch at all, I decided to tell the readers about Mary's Meals. I am glad I did!

Do you consider yourself a role model for kids?
I didn't plan to be a role model, but if kids decide to do more to be heard and for others then I am happy!

How would you encourage other kids and teenagers to contribute to this cause?
Kids are really good at sharing and getting along. We do it every day in the playgrounds at our schools. We should remember we are the experts at that. Because of the Internet, we can share beyond our playground and countries. Also, don't be scared to start a blog. You can change what you write without smudges, you can say what you care about, and you can publish it!

ERIKA PADRÓN,
letters@metro.us

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How to get that surfer's bod for the summer

Fitness. We had a trainer teach us the moves.

Those surfers you see killin' it on the waves? They weren't born with that ripped bod. All of that paddling and popping up and down in the water "creates that long, lean physique," says celebrity fitness trainer, Adam Rosante, the founder of The People's Bootcamp. He created a new workout called WaveShape to help you get the surfer's body of your dreams.

"My friend Anna Jerstrom, the owner of Calavera Swimwear, called me one day and asked if I could help her and her athletes ramp up their training regimen," Rosante says. "She sponsors these amazing women who face down some of the biggest waves on the planet. So it was really important to me that they stay as functionally strong, agile and powerful as possible."

Rosante's workout is based in a framework he dubs "power intervals," which improve endurance. The moves are done over a series of 30 seconds, so you can focus on form, not reps. You can learn the full series (12 moves) when it launches June 1 as a free online community with video at www.getinwaveshape.com. You can preregister now.

Rosante gave us a sneak peak at five of the moves that'll get your body in surf shape.

Directions

- Perform each move back to back for 30 seconds each with no rest. That's round one.
- Rest 30 seconds and repeat this format twice more for a total of three rounds.
- Remember to maintain perfect form and go at your own pace.

"Do this three times a week with another two days of cross-training of your choice and you'll be bouncing quarters off your abs come June," he says.

MEREDITH ENGEL
meredith.engel@metro.us

Step 1

Lip Rippers

Stand with feet slightly wider than hip width apart. Interlace your fingers and raise your hands over your right shoulder. Brace your core, open your chest and pull your shoulders down your back. Step out to the left into a side lunge, be sure to push the hips back and keep the left knee behind the toes, as you bring your hands down diagonally across your body to the outside of your left foot. Return to center, raising the left knee high as you explosively jump off the right foot. Land softly. Repeat on the left side for the full 30 seconds, then switch and perform the move with hands over the left shoulder, stepping out to the right.

Step 2

Agility Jumps

Stand with feet slightly wider than hip width apart. Brace the core as you bend the knees into a low squat, arms extended behind the back for stability. Pause only briefly at the bottom of the movement and explosively jump up and forward over an imaginary line far out in front of you.

Land softly, pushing the hips back to absorb the impact, and immediately jump backward to land in the starting position. Repeat the jump, this time turning the body mid-air to land 180 degrees in the opposite direction. Once again, repeat the 180 jump to land softly back at the starting position. That's one rep. Continue repeating.

Step 3

Tap Dogs

Assume a push-up position with wrists directly under shoulders. Tap the left shoulder with right fingertips and return the hand to the floor. Tap the right shoulder with the left fingertips and return the hand to the floor. Perform a pushup. At the top of the motion, brace the core as you extend the right arm and left leg until they are parallel to the floor. Lower the arm

and leg. Now extend the left arm and right leg until parallel to the floor.

Lower the arm and leg. That's one rep. Continue repeating.

Step 4

Surfies

Begin in a squat position with your hands on the floor, wrists positioned under your shoulders. Kick your feet back to a plank position. Immediately shoot the feet forward, twisting your torso and lower half so that you land facing left. Stand tall as you open the chest and squeeze the core and glutes. Twist back down to the right to place hands back in the starting position

and kick the feet back to the starting position. You should be right where you started at the top of a plank position. Repeat, this time

twisting to the right. Continue alternating sides. As you perform the move, you should look like a surfer popping up on a board.

Step 5

High-Lows

Assume a push-up position with wrists directly below the shoulders. Slowly lower the left forearm to the floor, elbow directly below the shoulder, and then the right forearm. Return, one hand at a time, to the top of a push-up position. Continue lowering and raising.

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Unsightly veins: Meet your match

Buh-bye unsightly veins, hello bikini! / GETTY IMAGES, ZOONAR RF

Who's that lady?

Options for treating varicose veins have improved.

It's springtime and thoughts are turning to wearing shorts and baring legs — which can mean anguish for women with varicose veins.

"Everyone wants them gone before summer," says Dr. Luis Navarro, director of The Vein Treatment Center in New York and author of "No More Varicose Veins." "The body can't heal them."

The good news is that treating varicose veins is now far less painful than in previous years, and it comes with less downtime. We asked Dr. Navarro to tell us about the different treatment options.

Painless sclerotherapy: "Sclerotherapy can involve up to 200 injections in three sessions. It can be done in a day, or it can also be done in multiple visits. We numb with ice and pressure to overload sensory fibers, so the patient doesn't feel pain. Then we inject a chemical compound, which collapses the vein."

Foam sclerotherapy: "This is a stronger compound and used for deeper, bigger veins."

Endovenous laser ablation: "This uses modern laser to weld the main vein shut and then we use a needle to remove it — that's called phlebectomy. There are no stitches. We use an anesthetic and you don't know it's being done. It can take as little as 35 minutes."

Ligation and stripping: "This is traditional surgery, done in a hospital under a general anesthetic."

LINDA CLARKE
letters@metro.us

Not spider veins

What are varicose veins? What about spider veins?

"Varicose veins are the big, ropey looking veins and are a blue or greenish color. Spider veins are reddish-purple and look like little lines. A lot of people have both. Fifty percent of adults have some degree of varicose veins by age 50, and 70 percent have them by age 70. They increase through life: Pregnancy can cause them, but the biggest factor is hereditary."

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Horoscope

♉ Taurus | April 21 - May 21. You may be holding all the trump cards, but you're not likely to use this power unjustly. The opposition will admire your restraint.

♊ Gemini | May 22 - June 20. Because someone has helped you when you needed it in the past, your compassion is easily aroused.

♋ Cancer | June 21 - July 22. An issue of personal interest might also appeal to your friends. Although they may not know how to turn it into a group endeavor, you do.

♌ Leo | July 23 - Aug. 22. Focusing on the virtues rather than the shortcomings of friends will not only boost their egos, but also make you popular.

♍ Virgo | Aug. 23 - Sept. 22. You're basically a very imaginative person to begin with, but today that will be even more so. You'll put your ideas to work.

♎ Libra | Sept. 23 - Oct. 22. Because you'll strive to treat others as fairly as possible, things will work out quite well. Friends will respond in kind.

♏ Scorpio | Oct. 23 - Nov. 21. An enterprising friend is likely to provide you with some helpful tips. Use them to extract even more juice from a profitable situation.

♐ Sagittarius | Nov. 22 - Dec. 21. Don't be surprised if you derive an unexpected bonus from help that you render to another.

♑ Capricorn | Dec. 22 - Jan 20. Even though your needs are important, they won't be more so than those of your loved ones. You'll figure out a way to help both family and yourself.

♒ Aquarius | Jan. 21 - Feb 18. Outward appearances might affect how your associates view things, but not you. You'll know how to dig deep.

♓ Pisces | Feb. 19 - March 20. One of your greatest assets is your ability to adjust quickly to changing conditions. You might have to use it several times.

♈ Aries | March 21 - April 20. You might be in a money-making mood, but try to profit for the benefit of others, not yourself.

BERNICE BEDE OSOL

Sudoku: Easy and hard

	7	3					6	9
		5			6		4	7
			8		5	1		
9			5					
6	3						2	5
					4			1
		7	2		8			
1	8		7			2		
3	4					7	8	

	4			6	9			7
6			2	4	1			3
			5					
	9		7			5		
1		8				4		9
		7			4		6	
					6			
8			9	1	7			4
7			4	2			8	

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

Sinatra gone 15 years, but not forgotten

Frank Sinatra's music lives on through radio, TV, records and films. His fans are legion and include the likes of Harry Prime, Peggy King, Diana Krall, Michael Buble, Billy Jon Coogan and Tony Bennett — among a host of superb vocalists. Frank Sinatra left us on May 14, 1998, but we feel he is still very much with us — and every now and then, his voice can be heard in commercials on radio and TV. Sinatra and his beloved Rat Pack are still as popular as ever — 15 years later! We love them all.

HERB STARK, VIA E-MAIL

New tower testament to America

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FREDERICK R. BEDELL JR., VIA E-MAIL

letters@metro.us

Keep them a brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

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Interactive Crossword

Crossword

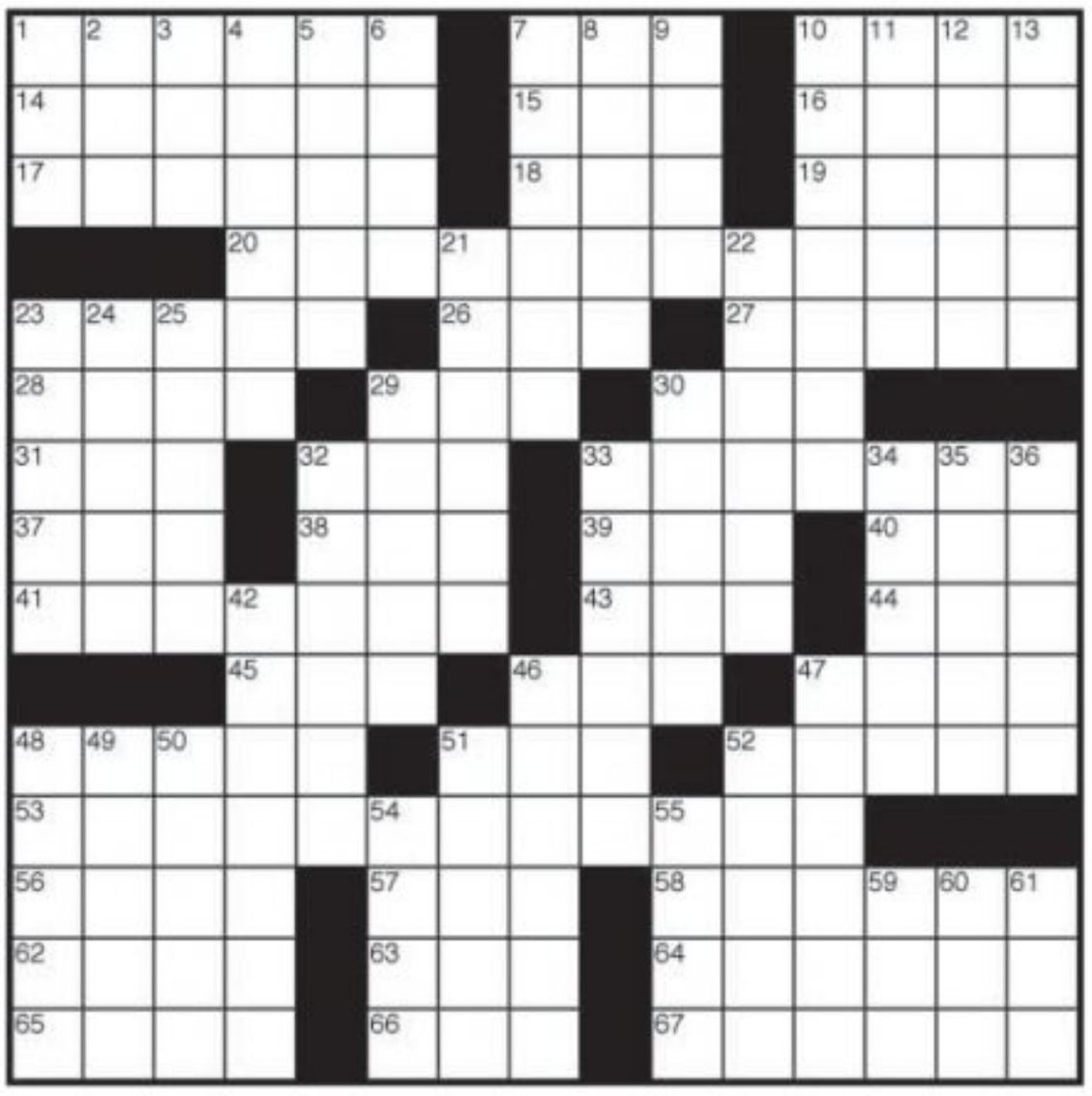
Across

1 Minor accident
7 Singer – Grant
10 Dickinson opus
14 Colorful percher
15 Grassland
16 Toledo locale
17 Paris, to Helen
18 Coupe
19 Falls behind
20 Lapel adornments
23 Woe
26 Campers, briefly
27 Hair-raising
28 Split in two
29 Engage in rivalry
30 UN member
31 Gamy
32 Mail code
33 Moths do it
37 Isaac Newton's title
38 Tokyo, to shoguns
39 WSW opposite
40 Unseal, in verse
41 Validated
43 Stripling
44 Laptops
45 Taunting cry
46 Gore and Capone
47 Public disorder
48 Like a chipmunk's eye
51 Quid – quo
52 Celebrations
53 Just barely (3 wds.)
56 66 and I-80
57 Gobble down
58 Crannies
62 Hung on to
63 Bonfire remains
64 Bedouin's domain
65 Pretentious
66 Green parrot
67 Spade

Down

1 Comfy shoe
2 Levin or Gershwin
3 Just a taste
4 Breeding ground
5 Distant
6 Amazon source
7 Breakfast nook
8 Resources
9 Knitter's supply
10 Skunk
11 Maureen or Scarlett
12 Trevanian's "The – Sanction"
13 Like fallen logs
21 Telescope support
22 Published
23 Scuzzy
24 Equip again
25 Prefix with "red"
29 Audio partner
30 Humerus neighbors
32 Soft breeze
33 Chap
34 Pith helmets
35 Orlando attraction
36 Pauses
42 Shy quality
46 "Queen of Soul" – Franklin
47 Reverberate
48 Muslim woman's garment
49 "– the Dragon"
50 Skillful
51 Moon position
52 – Tuck
54 Valuable wood
55 Technical sch.
59 Half a bray
60 Prior to
61 "My gal" of song

Yesterday's answer



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3 SPORTS

Bye-bye?

South Beach shuffle?

Miami Dolphins CEO Mike Dee admitted yesterday that the future of the franchise remaining in South Florida looks "bleak" as the team and city fight to build a new stadium. Owner Stephen Ross doesn't want to move the team, but the 73-year-old is likely to sell it at some point.

Clipped wings

Mathis out after surgery

Eagles starting left guard Evan Mathis is out for spring minicamps after undergoing a minor surgical procedure on his ankle, according to Csnphilly.com. Mathis is expected to return in time for training camp, but the injury could open the door for first-round bust Danny Watkins to earn some repetitions in camp and possibly get back into the team's good graces.

CATALDI: IT'S OFFICIAL, PHILS ARE TRAIN WRECK

The voice of Philly sports

ANGELO CATALDI

While Charlie Manuel was telling the media on Sunday afternoon that Roy Halladay was fine, the former ace pitcher was right down the hall informing everyone that he was not fine. There is no better way to capture the current dysfunction of the Phillies than in those two contrasting scenes.

Halladay, a $20-million pitcher with the worst ERA in baseball, lied to Manuel and the fans for two weeks about the state of his aging arm for one reason: He could. The culture on the Phillies under Manuel has been player-friendly, even if it means doing something not in the best interests of the team. Whatever Roy wants, Roy gets.

Remember, Chase Utley hid his offseason injury a year ago until it became a three-month in-season injury, and Brad Lidge lied about his fickle arm for years before that. Players have done whatever they wanted under Manuel, the manager who often chooses not to manage at all.

So, as the drama unfolded, Manuel played the part of fool to perfection, unaware that his legendary pitcher had already been undergoing medical tests from a training staff that didn't bother to notify the manager of a potentially serious injury. Where pitching coach Rich Dubee was during all of this is anybody's guess. He also functions with no apparent supervision.

That the Phils have become a model of ineptitude should be obvious now to anyone still paying attention. Even before his current crisis, Halladay was demanding that he pitch with a sore arm in his final start last season, and openly feuding with catcher Erik Kratz about pitch selection last month. It is hardly a secret that Halladay has become a bit of a prima donna.

Just don't expect anybody to do anything about it while Manuel is still managing. Only now, with the ballclub in free fall, is the truth emerging about the most successful skipper in team history. He is overrated, absurdly overrated.

Even setting aside his undeniable struggles with strategy, wasn't managing the personalities in the clubhouse widely viewed as Manuel's biggest strength? Then how should we rationalize this Halladay fiasco?

All you really need to know about the way Manuel has handled Halladay this season is what happened after the prickly pitcher announced to the world — not to his loyal manager — that he had a sore arm. As Manuel himself described it, he spotted his former ace on the flight to Arizona but never approached him to get the real story.

"I didn't want to bother him," Manuel said.

Halladay deserves plenty of blame for placing his own interests above the team, which absorbed two 14-2 losses because he wouldn't acknowledge his injury. But Manuel is the bigger culprit here because he refuses to do his job. As usual, he is far more interested in making friends than in running a baseball team

How many more embarrassments like this will it take before someone in power does something about Charlie Manuel?

Pitching coach Rich Dubee is drawing the ire of many fans.
GETTY IMAGES

Opinion

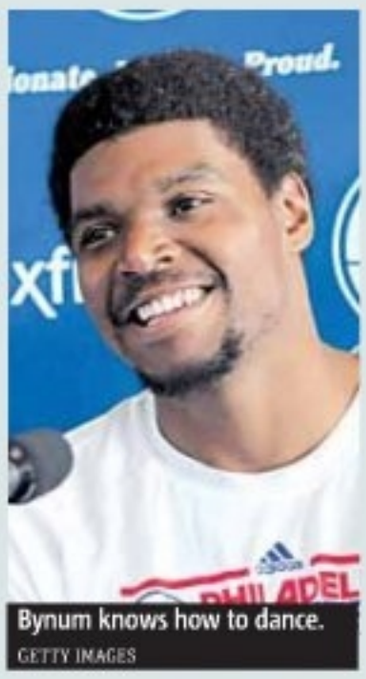
Rich athletes will be rich athletes... but do we care?

Andrew Bynum was not in the NBA playoffs last week. He was flamenco dancing in Madrid. Claude Giroux was not in the NHL playoffs last week. He was karaoke singing at a Center City bar. Thanks for nothing, rich boys.

While the Wells Fargo Center was dark, two of our highest-paid players took a moment from their busy social calendars to wave a middle finger at the fans of Philadelphia.

And the saddest part has been the fan reaction — or rather, the lack of it. In an Internet poll, 78 percent said they were OK with players cutting loose in public even when their teams were spectacular failures. Really? Have we actually reached the point now when basic civility is no longer required?

Bynum received $16.9 million to play in zero games for the Sixers this season, which is not to suggest he led a sedentary life. No, he injured his brittle knees bowling and saved his best moves for the Cafe de Chinitas in Madrid last weekend.



Bynum knows how to dance.
GETTY IMAGES

Cataldi's take

Philadelphia deserves much better than they got last week.

The Giroux fiasco at McGillin's in Center City drew less attention because he played hard during a brutal Flyers season. Still, he is captain of the team, he did not meet expectations and he should know better. In this smartphone age, he had to realize the image of him joyously warbling off-key would look bad. But he didn't care. We haven't made him care.

This city has been a proud, supportive, demanding place for a very long time. The Flyers sold out every game. The Sixers banked millions of extra dollars under false pretenses. The sports fans of Philadelphia deserve much better.

And they will get it. But only when they demand it. **ANGELO CATALDI**

Opinion. Eagles take top spot back from Phillies as city's best

Well, that didn't take long. After a few years battling the Eagles for supremacy in Philadelphia, the Phillies are back in second place — and the teams appear to be heading in opposite directions with their fans.

Attendance at Citizens Bank Park has been dropping sharply for the first five weeks of the 2013 season, down more than 8,000 per game. The only team experiencing a bigger drop is Miami, a decimated franchise with a despicable owner. The buzz is gone in South Philly for our baseball team, mainly because an ordinary club doesn't appeal to us after the thrilling teams of recent vintage.

Even more depressing is what lies ahead. Take a look at the starting lineup and name the players who will definitely be stars three years from now. Time is up. The answer is none.

There is not a single position player certain to bloom. The closest is Dom Brown, and we've traveled that road to nowhere many times before.

Meanwhile, the Eagles are proving that fortunes can change quickly — in this case, as fast as removing a tired act like Andy Reid with an exciting new approach from Chip Kelly. No one can predict, Kelly included, how well he will do in his rookie NFL season, but it will definitely be fun.

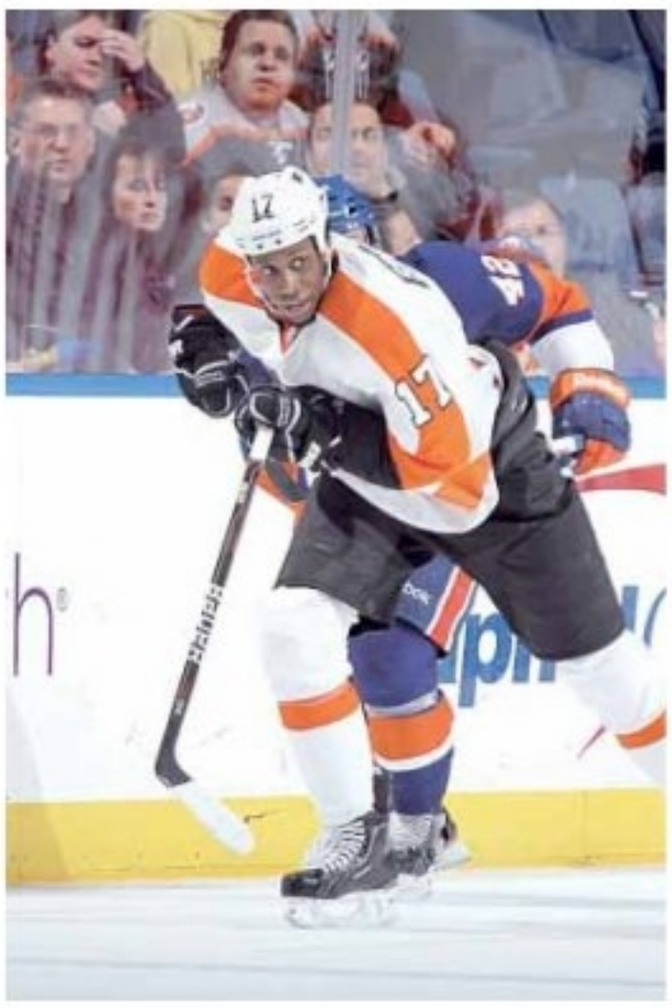
Single-game tickets go on sale Thursday at 10 a.m. If you want them, don't wait. They will be gone by 10:15. The Eagles are kings again. Thank you, Chip Kelly.

ANGELO CATALDI

Idle thoughts

Here are a few things Cataldi wanted say:

- **The PR campaign for Rich Dubee is laughable.** The surly pitching coach has $65 million invested in three aces whose team is 5-15 in games they started, and he's blameless? Then how should Dubee be evaluated? By his charm?
- **Terrell Owens has turned to bowling.** That's right, bowling. The former Eagle is a semi-professional, and he is predicting great things. Hey, maybe Andrew Bynum is available for pointers.
- **Mike Vick accepted a challenge to race LeSean McCoy, and the aging QB proceeded to smoke the young running back by five yards.** McCoy says Vick cheated. Now what in Vick's past suggests that he'd ever do that.
- **Andy Reid has tried 50 barbecue places in Kansas City, and has loved them all.** In a related matter, Reid just got an endorsement deal with Tommy Bahama big-man shirts, and is in serious talks with a tent company.



Cover boy: Simmonds making run at NHL 14

Flyers winger Wayne Simmonds advanced to the Sweet 16 round of the EA Sports NHL 14 cover vote. Simmonds, a No. 7 seed, will have to beat out Pittsburgh's Evgeni Malkin to move on. Fan voting began yesterday. / GETTY IMAGES

Say what!

Philly voted 10th best sports town

Philadelphia came in 10th place in a recent poll asking people about the best cities for sports fans.

The survey, which was conducted by NerdWallet.com, ranked the top 12 cities in the U.S. Dallas received the top honor. METRO

Really?

Tebow 'most influential' athlete

Tim Tebow was voted the most influential athlete in all of sports, according to a Forbes.com survey. Interestingly, the quarterback is unemployed.

Olympians Michael Phelps (second) and Usain Bolt (third) finished behind Tebow. METRO

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NHL. Kings, Ducks set to storm ice at iconic Dodger Stadium

Get ready for the Battle for Los Angeles.

The Los Angeles Kings and Anaheim Ducks will play an outdoor hockey game next season at Dodger Stadium. The NHL has scheduled six outdoor games for 2014 as part of the 2014 Coors Light Stadium Series. The contest is Jan. 25.

"At a venue that represents so much glorious sports history, this matchup of Stanley Cup champions will raise our outdoor initiatives to bold new heights," said NHL commissioner Gary Bettman. "The Ducks and the Kings will write the next chapter in the exciting story of NHL hockey in Southern California."

The Kings, led by former Flyers Jeff Carter and Mike Richards, are the defending Stanley Cup champions. This marks the first outdoor game in the U.S. played west of the Mississippi River.

METRO

Richards is a former Flyer.
/ GETTY IMAGES

Phillies place Doc Halladay on 15-day DL

MLB. Right-hander shut down after complaining of right shoulder soreness.

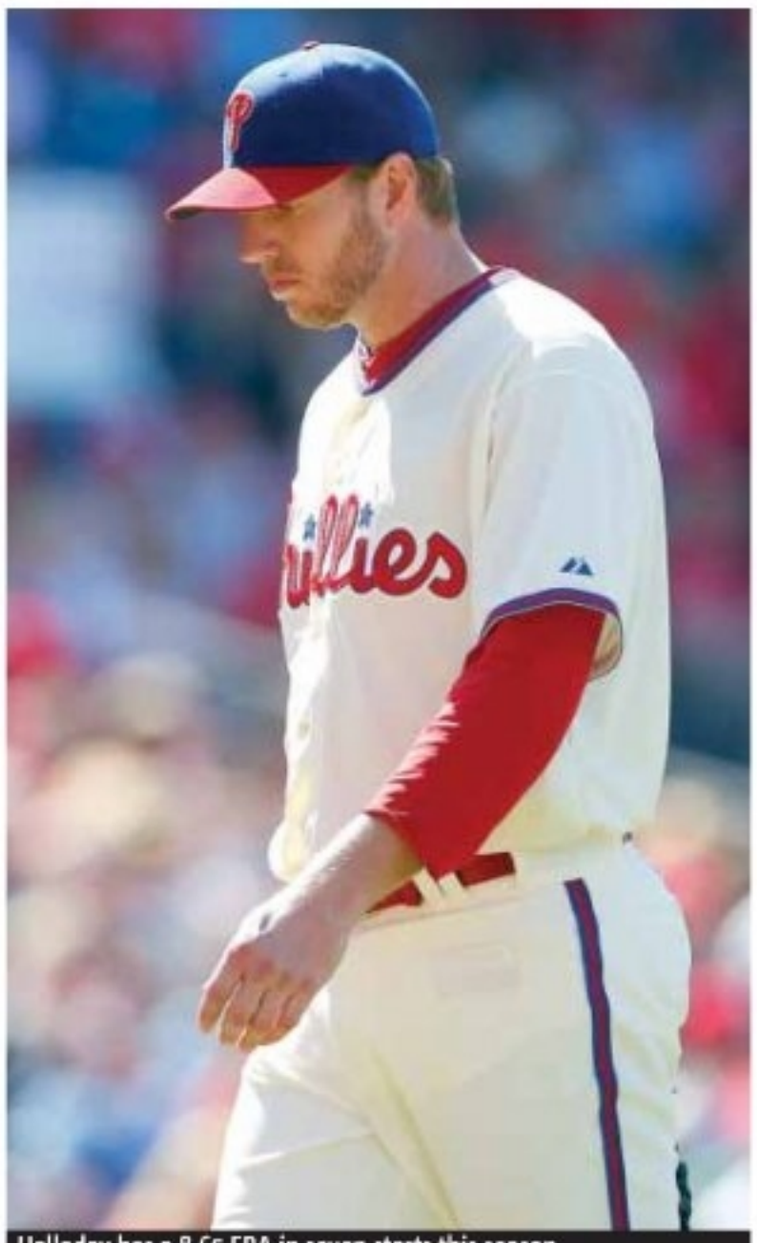
Ruben Amaro hinted the move was likely after Sunday's debacle. He made it official yesterday when the team placed Roy Halladay on the 15-day DL.

Halladay, who expressed discomfort in his throwing shoulder Sunday, is 2-4 with an 8.65 ERA through seven starts in 2013. He has surrendered 17 earned runs in his last six innings of work, both resulting in 14-2 defeats.

The Phils are in San Francisco this week as part of a West Coast swing. Halladay was scheduled to see a specialist in Los Angeles. "I had soreness in there and just wasn't able to get rid of it," he said.

Joe Savery was recalled from Triple-A Lehigh to take his spot.

METRO



Halladay has a 8.65 ERA in seven starts this season.
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Kathy Padilla - #0503, Rose Anna Watson - #0504, LaVinia Pitts - #0510, Janett McClendon - #1120, Desiree A. Whitfield - #1303, Preston Stroman - #2310, Damen L. Cain - #2339, Teresa E. Odonghanro - #2405, Vincent E. Jordan Jr. - #2413, Anjanett T. Reese - #3402, Andrea N. Keys - #3605

Purchases must be made with cash only and paid in full at the time of sale. All goods are sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage, Inc.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **05/17/13 at 12PM** at the Safeguard Self Storage facility located at **830 E. Hunting Park Ave, Philadelphia, PA 19124.** The personal goods stored in the following units by the following tenant(s):

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#3313 Terrence Gordon • #3321 Rosemarie Slover • #1501 Daniel Decosta #2129 Vivian Torres • #3412 Carlos Santiago

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NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **May 17, 2013 @ 3PM** at the Safeguard Self Storage facility located at 1333 Rhawn Street Phila. PA 19111. The personal goods stored in the following space numbers by the following tenant(s):

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#3125-Ene Saint-Preux

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NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **5/17/2013 @ 11:00AM** at the Safeguard Self Storage facility located at **1221 N. Broad Street, Philadelphia, PA 19122.** The personal goods stored in the following units by the following tenant(s):

safeguard self storage

0108 Dannielle Rucker, 0204 Raymond L Mitchell, 0328 Maryann Therese Krzaczek, 0502 Charles Mayfield Mayfield, 0503 Charles Mayfield, 2311 Patrick Hall, 4415 Courtland M. Young

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safeguard self storage

1305 Eric Drake • 1606 Johnnie Harvey • 2100 Nancy Zimmerman 2122 Michael Forstater • 2200 Geraldo Lopez • 2430 Scott Murphy

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